



HAMBERLEY

CARE HOMES

ALSTON HOUSE

A luxury care home with a heart

*Everything you love about your own home ...
warmth and laughter, homely and relaxing
living space, family and community ... but
with the care you need to live your life.*



Alston House offers luxurious living coupled with a truly personalised approach to care. Within our luxury care home you will find:

- Spacious en-suite bedrooms, beautifully appointed in a range of themes for comfortable and stylish living
- Our wellbeing and beauty salon which includes hairdressing and a nail bar for manicures, pedicures and hand massages
- An elegant café to enjoy a cappuccino with family and friends, and bright living spaces for socialising across all floors
- A deluxe cinema where residents can enjoy their favourite films or the latest releases



Our Approach

We believe it's the people that make a loving home.

That's why our carers are so much more, they are Homemakers. Our Homemakers not only provide the highest quality of care, but they focus on the tiny details that make each day special for every resident.

From always keeping things clean and tidy, to offering support with hobbies and interests, our Homemakers ensure that Alston House is a luxury care home with a heart.

Our personalised approach to care means that we cater for all of our residents' unique needs, providing as little or as much support as they require.



"The Homemakers are just wonderful, making every day an experience for residents."

— DAUGHTER OF A HAMBERLEY CARE HOME RESIDENT



Dining & Nutrition

Variety is the spice of life and our resident chef ensures that we serve a wide range of meals catering for every taste and diet. Our carefully planned menus offer well balanced wholesome meals, where traditional dishes feature alongside international cuisine and include varied seasonal options, every day of the week.

We know that being able to sit down together with friends and family to enjoy a nutritious homecooked meal is the foundation of a happy and vibrant home life. So that's why our team members are committed to making every meal time an enjoyable experience for all our residents. Friends and family are welcome to join and dine with us for a small extra charge.

We regularly adapt our menus to suit food preferences and changing nutritional requirements. As part of our personalised care package we work together with our residents and/or their families, for nutritional profiling and meal planning to ensure they are always well-hydrated and well-nourished.



Wellbeing & Lifestyle

Happiness and harmony are at the heart of our home life and we have a designated Wellbeing & Lifestyle Coach to ensure that we create a nurturing and stimulating environment for everyone, residents and staff alike.

We advocate activities that promote physical and mental wellbeing, but we don't believe in waiting for an Activities Coordinator to organise them. Our Homemakers support our residents to continue with their hobbies or pursue new leisure activities, when they want to and not as part of a set timetable.



"Continuing all my own interests and hobbies is very important to me. Here I am supported to do that every day, whenever I choose to. I have made good friends."

— HAMBERLEY CARE HOME RESIDENT



Whatever you need to live the life that you want, you'll find it at Alston House.

If you need support choosing a care home or finding the right level of care for you or your loved one, then our team are on hand to answer your questions.

You're welcome to stop by at any time for a guided tour, perhaps enjoy a classic film in our Cinema Club or relax in our elegant café.

Get in touch with us to arrange your visit:

📞 02380 017 900

✉ enquiries@hamberleycarehomes.co.uk

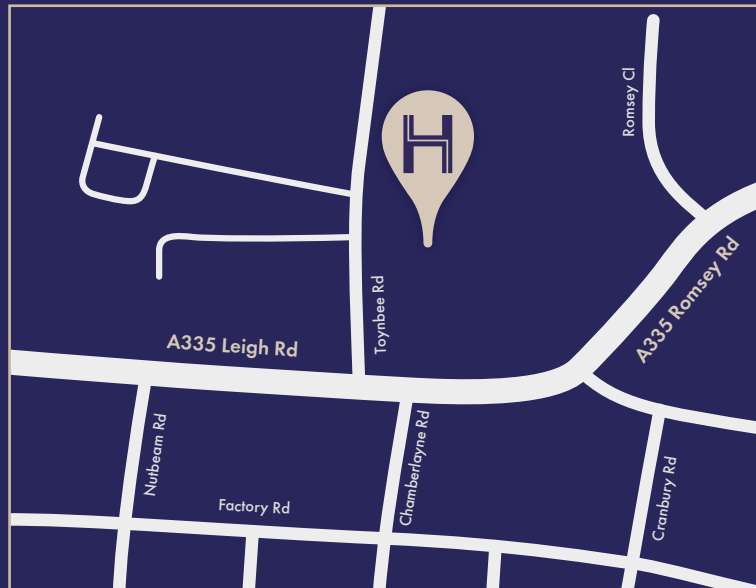




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PERSONALISED CARE TAILORED
TO INDIVIDUAL NEEDS



GET IN TOUCH

Contact us for more information
or to arrange a visit:

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